



LITHGOW PUBLIC LIBRARY

Inspire Your Imagination, Widen Your World

Lithgow Public Library

45 Winthrop Street, Augusta

January 2025 Newsletter

www.lithgowlibrary.org

Library Hours:

Monday - Thursday:

9 a.m. to 8 p.m.

Friday: 9 a.m. to 5 p.m.

Saturday: 9 a.m. to Noon

(207)- 626 - 2415

Follow us on Instagram!

Like us on Facebook!

Library closures:

Wednesday, January 1st:

CLOSED for New Year's.

Monday, January 20th:

CLOSED for Martin Luther King, Jr. Day



Joy in January:

Exploring Hygge at Lithgow Library

All month: Hygge Bingo

Grab your Hygge Bingo sheet at the Reference Desk and return completed by February 3rd for a cozy prize.

Comfort Recipe Swap

Bring in or submit a copy of your favorite comfort recipe, which will be compiled and shared in February. Paper copies can be dropped off at the Circulation desk, or submit here: <https://forms.gle/zuVmStJUANvn7BRB9> or scan the QR Code.



Monday, January 6th at 6 p.m.

Hygge Workshop by Jody Eddy, author of

“The Hygge Life: Embracing the Nordic Art of Coziness.”

You will learn all about the concept of Hygge, the science of happiness and how you can incorporate Hygge into your own lives. This program will be virtual. Registration is required. A link to this virtual program will be e-mailed to you prior to the event.

Monday, January 13th at 4 p.m.

Book discussion of “The Little Book of Hygge: Danish Secrets to Happy Living” by Meik Wiking.

Join Sarah in the Board Room for a cup of tea and a discussion of the authoritative book on Hygge.

Copies of the book may be ordered through <https://minerva.maine.edu/>

Monday, January 27th at 4 p.m.

Make a Candle Holder

Using upcycled materials, you will create a candle holder to provide soothing light on dark days.

Registration is required. Please go to our website.

Open Play Board Games



Enjoy a fun time with other local players at the Library. These programs are free, and players of all ages and abilities are welcome. All necessary playing pieces are provided.

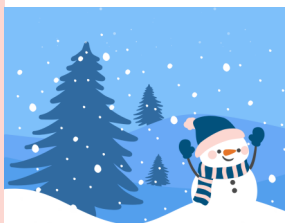
Cribbage - Every first Friday from 1 to 4 p.m.

Scrabble - Every first Friday from 1 to 4 p.m.

Chess/Checkers - Every third Monday from 5:30 to 7:30 p.m.



Augusta Community Preschool Family Fun Night



Come out of hibernation with a good book and participate in fun activities. Open to all families with preschool-age children.

Thursday, January 16th from 5-7 p.m.

Freedom from Smoking

Quitting isn't easy - but it's easier with the right help.

The American Lung Association's Freedom From Smoking® program gives you tools to overcome your tobacco addiction and quit for good!

The program features a step-by-step plan for quitting, and each session is designed to help you gain control.

Mondays, Feb. 3 - March 31 (no session Feb. 17)

3:30 - 5:30 p.m.

Lithgow Public Library's Board Room

Emily Michaud, instructor

To register, please scan the QR code or call 872-4102.



Tween Book Group

Tuesday, January 14th at 6 p.m.

Kids ages 10-12 are invited to join us for a book discussion and hangout each month. Pizza will be provided! This month, we will be reading *Alone* by Megan Freeman. Please read the book in advance of the meeting. Copies of the book are available to check out at the Children's desk.



Registration is required - please register by stopping by the Children's Room or calling us at 626-2415. For questions, email kids@lithgowlibrary.org.



Three conversations in an hour with other people in Maine. The prompts are simple. The conversations are non-political. What might you learn about (or from) your fellow humans? Let's find out. Discover a little pocket of meaning.

Thursday, January 9th from 6:30 to 7:30 p.m.

Register for the Zoom link here:
[Scarboroughlibrary.libcal.com/event/13427901](https://scboroughlibrary.libcal.com/event/13427901)
Or scan the QR on the right.



Digital Literacy Classes

Android Basics

Get started with your Android device! Learn how to use essential applications like email, contacts, camera, and Chrome, and manage your settings.

January 6th, 7th, & 8th at 10:30 a.m.

Identifying Frauds & Scams

Learn about the different types of internet fraud and scams, the dos and don'ts of protecting yourself online, and what to do if you have experienced online fraud or abuse.

January 30th at 12:00 p.m.

Registration is required.

See flyer or website for more details.

Sponsored by the National Digital Equity Center, a non-profit organization.



"The Far-Right in Germany: How Serious a Threat to Stability?"

Presented by Jennifer Yoder

Monday, January 13th at 6 p.m.

This program has been rescheduled from a previous date.

This program is offered both in-person and via Zoom. To register for the Zoom session, scan the QR code on the right.

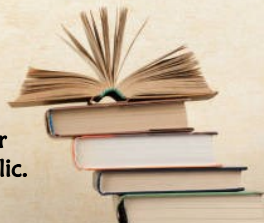


For more information about the Camden Conference, visit:

<https://www.camdenconference.org/>

Lithgow Book Club

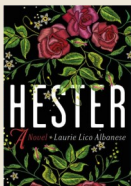
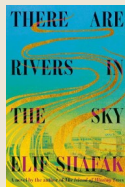
A monthly book discussion group for adults that is free and open to the public. Reserve your copy today!



There Are Rivers in the Sky

by Elif Shafak

Wednesday, January 8th at 6:30 p.m.



Hester

by Laurie Lico Albanese

Wednesday, February 12th at 6:30 p.m.

1,000 Books Before Kindergarten

Sign up in the Children's Room!

Designed for children from birth to age five, this early literacy program encourages families to read together by setting a goal of reading 1000 books by the time a child reaches Kindergarten. Registrants receive a free book when they sign up, and more books along the journey. Stop by the Children's room for more information.

Tween Scene: The Year of the Snake

For youth ages 8 to 12



Join us as we learn about and celebrate
the Lunar New Year!

Wednesday, January 15th at 6 p.m.

Registration is required:

Please call: 207-626-2415, or email Kathy at lithgowtwens@gmail.com

Friends of Lithgow Library Board

April Cusick
Staci Fortunato
David Madore



Bobbi Bailey
Emily Mullen
Blake Potter